

Kingsthorpe College



ELECTIVES

24/25 Academic Year

Aspiration

Responsibility

Respect

Care



WHAT ARE ELECTIVES?

Here at Kingsthorpe College we believe that combining academic, pastoral and enrichment curriculum with electives is an integral part of enriching a students learning and development.

The electives we offer fall within three main groups:



Adventurous and Physical



Cultural



Creative

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HOW IT WORKS

Electives will take place every Wednesday from 1:40pm to 2:50pm. The programme has been designed to offer a variety of elective options.

Ranging from unique and quirky to more common and traditional.

The Electives are designed so that students get to experience one elective from each group over the course of an academic year. This works out so that each student takes part in one elective from each group over two mini terms (1 full term).

	Terms 1 - 2	Terms 3 - 4	Terms 5 - 6
Pathway 1	Adventurous & Physical	Creative	Cultural
Pathway 2	Creative	Cultural	Adventurous & Physical
Pathway 3	Cultural	Adventurous & Physical	Creative

Students will select 5 electives from each group in order of preference (1 to 5). We will then allocate 1 of the 5 selected from each group. It is important to understand that the elective allocated could be any of the 5 that are selected.

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WHAT TO DO NEXT ?

Read through this booklet with your child and allow them to think carefully about the electives that appeal to them.

They should consider their interests, strengths or area that they may want to develop.

When you have decided, complete the online form to submit your choices.

Below is a link to the online Electives Form. This will allow you to select your elective options, 5 Adventurous, 5 Cultural, and 5 Creative - please select them in order of preference. This will allow us to allocate students to one of each category. Please be aware that due to availability it will not be possible to change elective once allocated.

Please note the deadline date for completing this is 1st July 2024. Failure to submit in time may result in electives being selected for you.

KS3 - Year 7 / 8/ 9

<https://forms.office.com/e/qYSVkpntKS>



KS4 - Year 10 / 11

<https://forms.office.com/e/WcZyysSVSH>



KS5 - 6th Form

<https://forms.office.com/e/Ff5KrcYscM>



The following pages will outline all electives being offered to students for the academic year 24/25.

Each page will have electives from the set groups and each elective will have a brief description.

Please remember that you are making selections for the NEXT academic year - this means if you are currently in Year 9 you must choose from the KS4 Choices.

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ADVENTUROUS & PHYSICAL ELECTIVES



Multi Sport YEAR GROUPS - ALL

MR HARTNETT / MR SMITH

This elective will be a great addition for students who enjoy or want to develop skills in a variety of sports. Really promotes fun and fitness! Will include opportunity to take part in activities such as football, rugby, cricket, & ultimate frisbee.

Indoor / Outdoor Cricket YEAR GROUPS - ALL

MR SAGHIR

Students will be coached into the basics of cricket with training for bowling, batting, and fielding. They can be taught the bowling action, a few easy shots and some throwing and catching. This will be wrapped up with a game at the end of the lesson.

Cross Country YEAR GROUPS - ALL

DR TOWNSEND / MR KENT / MISS POWELL

A challenging Weekly training session for improving aerobic fitness generally and cross-country performance specifically. Training formats to reflect what would be typical for a club-level runner. Likely to include interval training including on hills; tempo/threshold runs, and change-of-pace.

6th Form Fitness YEAR GROUPS - 6th Formers Only

Miss Newell

A combination of fitness and recreational sports for 6th formers including the opportunity to get involved in recreational sporting activity with a range of fitness and games based activities on offer.

Trampolining YEAR GROUPS - KS3

MISS SMITH

Learn a new skill with trampolining, we will get to grips with the basics then work up to more advanced turns, rolls and flips.

ADVENTUROUS & PHYSICAL ELECTIVES



Couch to 5K YEAR GROUPS - ALL

MISS KINSELLA / MISS LONERGAN / MR PRINCE

Improve your fitness and feel a sense of accomplishment by starting to run little and often with the aim that you will be able to start your journey towards being able to run 5KM.

Football Development YEAR GROUPS - ALL

MR WHITE

A variety of skills, fitness and tactical drills. Students will have the opportunity to develop their technique with individual and team based drills. Fitness drills will be used to prepare students for the physical demands of the game and team based drills will help develop tactical awareness and teamwork.

Walking Club YEAR GROUPS - All Years

MISS DE-WIT / MISS GILLIGAN / MISS GREGORY

If you have a love and appreciation of the outdoors and want to enjoy all the wonderful routes that Northamptonshire has to offer then this elective is a great choice for you. Some sessions will involve planning, history, understanding the benefits to gentle exercise such as walking and, of course, getting out of the classroom on local walking routes.

Physical Theatre Company YEAR GROUPS - KS3

MISS WILLIAMS

Physical Theatre is a type of performance where physical movement is the primary method of storytelling; as opposed to, say, text in a play or music and lyrics in an opera. Also, it may incorporate other techniques such as mime, gesture and modern dance to create performance pieces.

Girls STEM YEAR GROUPS - All Years

MR HOBBS

An elective focussed on encouraging girls to explore a STEM career. Activities would include - practical activities (e.g. building a model hovercraft), problem solving, visits from women already in STEM, researching careers, etc.

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ADVENTUROUS & PHYSICAL ELECTIVES



Eco - Schools YEAR GROUPS - ALL

MISS SHERIFF

An opportunity to make Kingsthorpe College more environmentally friendly and to work towards a schools award. We carry out projects around the School Site to encourage wildlife and reduce our schools carbon footprint.

Scientific Investigation & Pathogen Study YEAR GROUPS - KS4

MISS LAW / MR JACKSON

A set of sessions to look at the study of pathogens and disease but includes investigation and model making of specific pathogens.

Traditional Greek Dancing YEAR GROUPS - ALL

MISS KOUKOULETSOUK

An introduction to the world of Greek Traditional Dancing, regarded as one of the highest forms of arts and has been an expression of human feelings. We will be looking into the origin of various dances and their history, folklore, Greek traditions and customs and expand their cultural horizons. They will also learn to move rhythmically to traditional music following a set sequence of steps.

Animal Science YEAR GROUPS - KS4

MISS VAN DALEN / MISS CHAPMAN

Our elective will enable you to develop the theoretical knowledge and practical skills needed to pursue a successful career working with animals. We are lucky to work together with Shuttleworth College and their new Zoological Education Centre which provides high-quality learning opportunities in a practical environment. You will be completing 2 or 3 assignments set by the college, where you will have close contact with some of the animals in the centre.

Golf YEAR GROUPS - All Years

MR BRENNAN

A great elective for those who have played before or are interested in starting to learn the sport of Golf. You will be able to develop your skills.

CULTURAL ELECTIVES



Crime Investigation

YEAR GROUPS - KS4

MISS ROSEN

This will be an introduction to the world of crime scene investigation. Learn what is needed to effectively investigate a case from a crime scene to courtroom and follow along with a case to investigate. Students will then be placed on the prosecution or defence to argue a case in 'court'. investigate a case from a crime scene to courtroom and follow along with a case to investigate.

Appreciation of Cinema

YEAR GROUPS - KS3

MISS WADE

Understanding and appreciating film and cinema will encourage a love of film through study of cinematic art.

Geography Club

YEAR GROUPS - All Years

MISS SPENCER

To look at aspects of the Geography of the River Nile. We will carry out research, topics and some creative activities during the timeline of the course.

Japanese Language

YEAR GROUPS - All Years

MISS BARR

Students will learn how to have a basic conversations, learn some of the hiragana alphabet, learn about Japanese popular culture.

Manga

YEAR GROUPS - All Years

MISS GRUBB

An introduction into the Japanese style of comic drawing, also used in Anime cartoons. In this elective you will learn a series a drawing skills whilst enjoying a rich part of Japanese culture.

CULTURAL ELECTIVES



Beginners German YEAR GROUPS - All Years

MISS DUNKLEY

This elective is for those who have never studied German before. During the term, you will learning the basics of the German language as well as learning about some cultural aspects of Germany.

Financial Literacy for Teens YEAR GROUPS - KS4 & KS5

MISS CHUKWUDI / MISS ASKQUITH-ELLIS

Money makes the world go round!

This elective offers the acquisition of important financial life skills through a range of weekly engaging and relevant financial related educational sessions.

Code Breaking YEAR GROUPS - KS3

MISS BAILEY

Codes are used in every day life, including in computer programming, they are used by spies and they are even used in puzzles. In this activity you will find out about the different types of code, how to write them and how to crack them. You will be setting codes for other students to crack as well as solving problems using a variety of skills.

Post 16 Study Skills YEAR GROUPS - 6th Formers

MR MURRAY

Post 16 study skills and revision techniques clinics - providing a support session to share and deliver suitable revision techniques for subjects.

Post 16 Book Club YEAR GROUPS - 6th Formers

MISS WRIGHT

Reading and discussion of literature - Students will complete reading in their own time of a set novel for a discussion of ideas and topics in the final elective session. Across the term, We will explore diverse and challenging short stories each week with themes appropriate to post 16 that promote lively debate.

CULTURAL ELECTIVES



Journalism

YEAR GROUPS - 6th Formers

MR MACK

This elective will give students a chance to explore the world of journalism. Aside from learning how to write different types of news journalism, this elective will also give students the opportunity to produce and publish their own podcast.

Debate & Public Speaking

YEAR GROUPS - KS4

MISS TANKARD / MISS MURDOCH

In Debate & Public Speaking, you'll know how to win an argument, develop your critical thinking skills and build your confidence in speaking in front of others. You'll research and debate real-world issues that affect you, and learn the rules of British Parliamentary Debating, which is used in University Competitions Across the UK

Into Film

YEAR GROUPS - KS4

MISS PROUD / MISS LAMBERT

This elective will help you learn to develop critical thinking skills and a variety of writing styles to build your confidence in discussing a variety of ideas using film as stimulus. You'll also debate real-world issues that affect you through film including representation and diversity.

Trading Card Games

YEAR GROUPS - KS3

MR KINGSNORTH

There are many varieties of trading card games such as *Magic the Gathering*, *Pokemon*, & *Panini football*. This elective will allow students to learn lots of different types of games and the rules around them.

Games from Around the World

YEAR GROUPS - All Years

MR RUSHTON

Chess, cribbage and games from around the world.

CULTURAL ELECTIVES



Reading Group

YEAR GROUPS - All Years

MISS MATHATU

A chance for students to learn to appreciate books from all genres. This elective is a wonderful choice for book lovers or students who want to develop their skills in reading, discussion and critique.

Beginners Italian

YEAR GROUPS - All Years

MISS SHERRED

Beginners Italian; basic tourist language so that you can introduce yourself and be able to communicate when on holiday. Do you want to be able to speak another European language other than the ones we teach in school? Italy is a beautiful, hot country to visit on your holidays; wouldn't it be nice to be able to communicate and speak a little in Italian?

Historical Fiction Book & Film

YEAR GROUPS - 6th Form

MISS PAICE

A chance to develop and understanding and appreciation of historical fiction books combines with Historical films.

Debate

YEAR GROUPS - 6th Form

MISS GORDON

Looking at current issues and the effects they have on the world and ourselves. Learning how to debate these issues and develop critical thinking.

Post 16 Cultural Capital

YEAR GROUPS - 6th Form

MISS MELLOR

History, literature and cultural aspects enabling students to see a wider view of the world and to help strengthen personal statements, preparation for interview skills.
Key historical events, texts, plays and musicals and art.

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Philosophy & Ethics Film Study YEAR GROUPS - KS4

MISS ACKUMEY

Will offer students a range of enriching experiences including:
Critical Thinking, Ethical Understanding, Discussion/Debate, Reflective Thinking, Engagement & Interest.

CREATIVE ELECTIVE



Musical Theatre

YEAR GROUPS - All Years

MISS TOWNSEND

We will look at exploring and recreating scenes and songs from famous musicals. This will involve all the disciplines: dance, drama and music and look at performance skills such as focus, projection, communication and musicality.

Crochet

YEAR GROUPS - KS3

MISS NOORDERMEER / MISS CASON

Did you now that Crochet is one of the only ways of creating fabric that cant be done on a machine? Develop your creativity by learning new stiches and putting them together to make granny squares that you can turn into accessories, toys or clothing.

Orchestra

YEAR GROUPS - All Years

MISS BEVAN

Students who play instruments or are interested in playing instruments can come and learn how to play popular songs together as a team.

Performance Poetry

YEAR GROUPS - KS4

MISS CONLAN

Performance poetry is a fantastic elective for enhancing creative writing skills, expression of ideas and opinions and in building speaking confidence.

If you would like to hear and watch the best in today's live poetry, if you would like to learn the tricks and skills of the poetry slam, if you are brimming with ideas and feelings and just want the chance to express yourself in the written an spoken form, then this is the place for you!

Animation in Adobe Animate

YEAR GROUPS - KS4 & 6th Form

MR ROSE

In this course, students will learn how animations are created and use a variety of drawing and animation techniques including tweening and motion paths in order to plan, create and review an animation

CREATIVE ELECTIVES



Insight into Structural Engineering

YEAR GROUPS - 6th Form

MISS BINLEY

A look into what structural engineering is and what it includes. This will include a look into the types of mathematics involved. There will also be opportunities to test your structural builds.

Crafts & Colouring

YEAR GROUPS - All Years

MISS NEWELL

A range of colouring and basic craft projects created for enjoyment. Many of the crafts will be seasonal and each week you will be able to take home your creation. You may be required to bring items to create your crafts such as jam jars, plastic bottles etc.

Portraiture

YEAR GROUPS - KS4

MISS WADE

An intro to portraiture for KS4 Students. Explore new artists and those who have an interest in developing their artistic portfolio. Students will be creating two high quality sustained outcomes and won't be suitable for students who do not want to commit to spending a sustained amount of time working on one piece.

The Inspiring Digital Enterprise Award

YEAR GROUPS - KS4

MISS LANDERS

Through a series of online challenges, you can win career-enhancing badges, unlock new opportunities and, ultimately, gain industry recognized awards that help you stand out from the crowd.

Sewing Skills

YEAR GROUPS - All Years

MISS CLAYTON

Pattern making and sewing. Create a bag from a self-drafted pattern. Use decorative textile techniques to decorate and personalise their fabric before sewing the pattern pieces together on the sewing machine to create a tote bag.

CREATIVE ELECTIVES



3D Art & Design

YEAR GROUPS - KS4

MR CROFT

You will get a chance to create 3D artworks inspired by artists and themes. You will get the chance to make objects out of materials such as card and wire & clay. If you like making things with your hands and are interested in things like sculpture and architecture, you will enjoy this course.

Origami

YEAR GROUPS - KS3

MISS KHAN

Origami: Students could start with simple origami, such as paper planes and boats, to more complex ones such as turtles and elephants. This enables students to learn the skills of origami and explore their creative artistic side.

Fine Art

YEAR GROUPS - KS4

MISS NAPIER-GIBBINS

This fine art elective will hone and develop student's drawing & sketching skills. Student will also develop their skill in oil pastel and oil paint. A range of topics will be covered, from still life and portraits to landscapes and animals.

Music Theory

YEAR GROUPS - All Years

DR TOWNSEND

Self-paced and supported work through the standard workbooks ABRSM Music Theory Curriculum. Additional Listening and performing opportunities to support the theoretical ideas, as they arise. Very suitable for students taking instrumental lesson.

Music Performance Club

YEAR GROUPS - All Years

DR TOWNSEND

Students who play/are learning a musical instrument can perform to the group in a low stakes setting, with opportunities for discussion, formative feedback and an open-rehearsal approach. Solo, accompanied and ensemble contributions and any music style would all be welcome and encourage.

CREATIVE ELECTIVES

Post 16 Budget Cooking

YEAR GROUPS - 6th Form

MRS LLOYD-JONES

Opportunity for Post 16 students to learn new cooking skills whilst staying on a budget. This is a great elective for students who will soon be off to university or college or those who just want to learn how to cook new recipes at home.

Crochet

YEAR GROUPS - KS4 & 6th Form

MISS SMITH / MISS GWENZI

An elective as an introduction to crochet, starting with simple granny squares and then exploring a few other stitches looking at moving on to amigurumi stuffed toys
Also a space for people that can already crochet to do it together and the option of being taught stitches, practicing maths skills (counting stitches) as well as creativity and art.

School Newspaper

YEAR GROUPS - All Years

MISS HORNE

Each Elective group will work together - Creating and publishing a school newspaper, taking on roles of reporter, editor, photographer etc.

Food Tech

YEAR GROUPS - KS3

MRS LLOYD-JONES

A brilliant introduction to cooking helping you develop an understanding of meal planning, food prep and a chance to learn cooking skills and recopies.