

Curriculum Map – PSHE – Kingsthorpe College 2024 - 2025

Year Group	Term 1 Sept-Oct	Term 2 – Oct-Dec	Term 3 – Jan to Feb	Term 4 – Feb – Easter	Term 5 – Easter to May	Term 6 – May – July
7	<p>Core Theme - Health and Wellbeing</p> <p>Transition & Safety</p> <p>Transition to secondary school and personal safety in and outside school, including first aid</p>	<p>Living in the Wider World Careers</p> <p>Challenging Stereotypes. This unit of work challenges the stereotypes which abound about job suitability for different genders and opens the learner’s mind to wider possibilities and opportunities in the world of work. Learners begin to understand how enterprises are organised with job specialisation, pay scales and different job titles.</p>	<p>Core Theme - Relationships</p> <p>RSE</p> <p>Health and puberty</p> <p>Healthy routines, influences on health, puberty, unwanted contact.</p>	<p>Living in the Wider World Careers</p> <p>Job Titles. Exploring the world of business with regard to job titles, pay scales and functional areas. This unit of work helps students to develop an understanding of the way businesses are structured and operate. It informs them how job titles can be linked to pay and the hierarchy of organisations.</p>	<p>Core Theme – Health and Wellbeing & relationships</p> <p>Diversity</p> <p>Diversity, prejudice, and Bullying</p>	<p>Core Theme - Relationships</p> <p>RSE</p> <p>Building relationships</p> <p>Self-worth, romance and friendships (including online) and relationship boundaries.</p>
8	<p>Core Theme - Health and Wellbeing</p> <p>Emotional wellbeing</p> <p>Mental health and emotional wellbeing, including body image and coping strategies</p>	<p>Living in the Wider World Careers Future Choices. Learners develop a fuller understanding of enterprise organisation and ownership. They are introduced to Labour Market information and focus on how their future choices, within secondary education and beyond, may impact</p>	<p>Core Theme - Relationships</p> <p>RSE</p> <p>Discrimination</p> <p>Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia. This half</p>	<p>Living in the Wider World Careers</p> <p>The Labour Market. Students look at enterprise ownership to understand how they operate. Investigations into local businesses help students assess why certain enterprises are set</p>	<p>Core Theme – Health and Wellbeing & relationships</p> <p>Drugs & Alcohol</p> <p>Alcohol and drug misuse and pressures relating to drug use. First aid and what to do in an emergency situation including road safety.</p>	<p>Core Theme - Relationships</p> <p>RSE</p> <p>Identity and relationships</p> <p>Gender identity, sexual orientation, consent, ‘sexting’, and an introduction to contraception.</p>

		their chosen career path. Students are introduced to sectors of employment, qualifications, skills and how subjects in GCSE years tie into jobs and careers.	term students will also be covering radicalisation, FGM and forced marriages.	up in certain locations. Advantages and disadvantages are considered. Students complete a SWOT analysis for the local Labour Market.		
9	<p>Core Theme - Health and Wellbeing</p> <p>Healthy lifestyle</p> <p>Diet, exercise, lifestyle balance and healthy choices and sleep</p>	<p>Living in the Wider World Careers</p> <p>Job Roles and Skills Required. Year 9 learners investigate how general life skills, those gained through education settings and skills they already possess transfer into employability. Videos of real employees in real jobs are used to discuss with learners how skills have been developed and adapted where necessary within certain career paths. A greater emphasis is placed on the qualifications needed for the workplace.</p>	<p>Core Theme – Relationships</p> <p>RSE</p> <p>Respectful relationships</p> <p>Families and parenting, healthy relationships, conflict resolution, and relationship changes</p>	<p>Living in the Wider World Careers</p> <p>Next Steps. Students learn what to expect from their GCSEs and the pathways available to them afterwards, such as A Levels at 6th Form, apprenticeships or further education settings. They identify skills which are needed to be successful in business and grade themselves for their level of skills at this present time. Students find out about Gap Years and build their ideal year out. They are introduced to Universities and find out what higher education can offer.</p>	<p>Core Theme – Health and Wellbeing & relationships</p> <p>Peer Influence, Substance Use & Gangs</p> <p>Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation</p>	<p>Core Theme - Relationships</p> <p>RSE</p> <p>Intimate relationships</p> <p>Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography</p>
10	<p>Core Theme - Health and Wellbeing</p> <p>Mental Health</p>	<p>Living in the Wider World Careers</p> <p>Labour Market Information & Work</p>	<p>Core Theme – Relationships</p> <p>RSE</p>	<p>Living in the Wider World Careers</p> <p>Employable Me. This</p>	<p>Core Theme – Health and Wellbeing & relationships</p> <p>Exploring influence</p>	<p>Core Theme - Relationships</p> <p>RSE</p>

	Mental health and ill health, stigma including self-harm, safeguarding health, including during periods of transition or change	Experience. Students have an in depth look at current Labour Market Information to guide their understanding of the local job market and the sectors to look at for their specific ideas around employment. Year 10 also brings them the opportunity to attend a full week of work experience with follow up discussion in order for them to evaluate what they have experienced and draw conclusions to help them continue along the right pathway for them.	Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography	module introduces students to the skills and qualities employers look for in individuals. It informs them about job description and person specifications before moving into preparing them for interviews with role play.	The influence and impact of drugs, gangs, role models and the media	Addressing extremism and Radicalisation Communities, belonging and challenging extremism Families Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships
11	Core Theme - Health and Wellbeing Building for the Future Self-efficacy, stress management, and future opportunities	Living in the Wider World Careers Post 16, Alternatives and Beyond. This module helps students gain a full understanding of what is available to them at Post 16, Higher Education or Approved Training as well as giving them information to take beyond their statutory education. Year 11 students have priority access to our Altogether Careers Advisor with a focused 1:1 appointment slot to discuss their	Core Theme - Relationships RSE Communication in Relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	Living in the Wider World Careers Financial Management. This term Year 11s learn about financial matters such as; why we budget and how we budget. They also learn about taxes, national insurance, National Minimum Wage, bank accounts, bank statements, payslips, different types of payment cards and borrowing, and paying bills.	Core Theme – Health and Wellbeing & relationships Independence Responsible health choices, and safety in independent contexts	

		options and give advice should they already have a clear chosen pathway.					
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